

FOCUS

Quick response from Ridgeview Ambulance helps save local man's life after "widowmaker" heart attack

A seventh-grade basketball game in January 2018 ended suddenly when referee Phil Hanson collapsed. His heart stopped beating, and he needed immediate treatment to survive. With critical, emergency support from trained bystanders, an AED machine, Ridgeview Ambulance and a stent, Phil received swift, lifesaving care that led to a full recovery

"When I had my heart attack, help came quickly and I am very appreciative and very lucky"

Phil had been refereeing basketball for more than 40 years when he walked into the crowded Watertown-Mayer Middle School gym that night. His wife commented earlier in the day that he didn't look so good, but Phil felt fine as game one—of two—tipped off.

At halftime, Phil was unusually tired and overheated. "I felt funny," Phil recalled. "It was hot in the gym, and I told myself I was going to have to take it easy."

It wasn't the typical chest pain or pressure that preceded Phil's heart attack. Instead, he described his symptoms as flu-like.

"After the first game, I didn't feel well," Phil remembered. "I felt like I had the flu and decided I was done running up and down. I was going to get in position and just get through the second game."

Around the two-minute mark of game two, Phil collapsed. Several bystanders jumped into action by calling 911, starting chest compressions, retrieving the AED machine and clearing the gym. A Ridgeview ambulance arrived within minutes and took Phil straight to the hospital.

Doctors discovered a total blockage of the most important artery in the front of Phil's heart. Phil had experienced a "widowmaker" heart attack. Doctors placed a stent in his artery to clear the blockage. Phil also received care for a brain bleed, concussion and broken cheek bone caused by his fall.

After three days in the hospital, Phil went home to begin his recovery, which included cardiac and concussion rehabilitation at Ridgeview. Within two months, he was enjoying his favorite spring pastime, coaching baseball.

As an active man without a significant family history of heart disease, Phil's



heart attack was surprising. He is grateful for the Good Samaritans at the game and the fast response of the Ridgeview team.

"When I had my heart attack, help came quickly and I am very appreciative and very lucky," Phil said. "Ridgeview is a tremendous resource in this community, and I've been a beneficiary in multiple ways since the mid-seventies."

Ridgeview Ambulance started with one red Cadillac ambulance and a team of eight emergency professionals in 1977. Now, the ambulance service covers 950 square miles including all of Carver County, and portions of Hennepin, Le Sueur, McLeod, Scott, Sibley and Wright counties.

This year's *Lifeline for a Lifetime* campaign will raise funds to purchase three new ambulances to deliver fast and effective emergency care to people like Phil. Your support of this campaign is critical to making a profound difference for community members who experience health care emergencies. Help Ridgeview Ambulance save more lives!



Katie Barnes

Ridgeview Foundation
Board Chair

Message from the Foundation Board:

Hi, my name is Katie Barnes and I am both honored and delighted to be the new chair of the Ridgeview Foundation Board of Directors. Ridgeview Foundation has been blessed to have strong, consistent, entrepreneurial leadership over the years, and I can only hope to live up to the legacy of my predecessors.

As I begin my two-year term, I need to first acknowledge and thank all of you, the donors to Ridgeview Foundation that provide the “critical margin” between good and great medicine. In today’s environment of shrinking Medicare reimbursement and so many uninsured patients, world-class hospitals cannot exist without philanthropy – and Ridgeview Medical Center is flourishing.

I am excited about the prospect of being involved with Ridgeview in an era of such extraordinary growth – growth not only in the medical services provided but also in the number of strategic locations providing easy access to all of us who live in the western corridor. I hope to share more exciting plans with you in future editions of the *Foundation Focus* newsletter.

In this issue of *Foundation Focus*, please note the inspirational, lifesaving story of Phil Hanson, which received so much local publicity. Also of note is an interesting article on the 2019 award recipients of the Ridgeview Foundation Health Care Scholarships.

Kathryn J. Barnes

Ridgeview Foundation Welcomes New Board Members



Mike Bauer
President, Bauer
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Tim Schmidt
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Thrivent Financial
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Ridgeview Foundation raises more than \$1.125 million at Golf & Taste Celebration

On June 24, more than 750 community members attended the 34th Annual Ridgeview Foundation Golf & Taste Celebration at Island View Golf Club in Waconia. The event raised more than \$1.125 million for Ridgeview Medical Center, marking the ninth consecutive year supporters have donated more than \$1 million.

"I am so proud of our generous donors and our outstanding volunteers and staff for making this event such a huge success year after year," said Dave Philip, event chairperson. "Their ongoing support is truly a testament of the trust and faith the greater community has in Ridgeview."

As one of the most successful charity golf events in the upper Midwest, the Ridgeview Foundation Golf & Taste Celebration has raised more than \$13.5 million since 1986. Proceeds have helped fund some of the most critical programs and services at Ridgeview Medical Center. These additions include birthing suites and equipment, the Minneapolis Heart Institute® at Ridgeview Heart Center, and the new Norman and Ann Hoffman Emergency Center.



Funds raised from this year's event will continue to support the Norman and Ann Hoffman Emergency Center through the purchase of three new ambulances and the completion of a second stabilization/trauma room.

"There have been advancements in technology and equipment in emergency care and ambulance services," said Ben Nielson, Chief Operating Officer, Ridgeview Medical Center. "It's critical we invest in these resources to continue to save lives every day."

A few midday rain showers didn't dampen the spirits of the volunteers, sponsors and participants who came to show their support of Ridgeview.

The celebration kicked off in the morning with a Coffee Cup tournament for the participating golfers. After that, a Founder's Cup tournament filled the afternoon. Participants enjoyed food, beverages and fun contests throughout the course.



Meanwhile, the annual bridge tournament took place at The Winery at Sovereign Estates. Players enjoyed a lunch and raffle.

The evening drew in more than 500 supporters for the Taste of Ridgeview Region—a celebration featuring food and beverages from a variety of local restaurants and establishments and live music from local musicians. Fox 9's chief meteorologist Ian Leonard returned to serve as the emcee for the program, leading silent and live auctions, and recognizing major sponsors.

Event participants also had an opportunity to pick from more than 350 pulls on the "Grip It & Rip It" board, which totaled \$40,000 in prizes. They could also "Buy a Brick," which will be permanently featured on the donor wall at the Norman and Ann Hoffman Emergency Center.

"The community continually shows their dedication to Ridgeview, and we sincerely appreciate the efforts of everyone who joined our event," said Mike Phelps, president and CEO, Ridgeview Medical Center. "Our supporters value the significant services Ridgeview provides in the community, and with their help we will continue to deliver the highest-quality medical care to our patients."

Thank you to all who joined us for this special event. Please plan to attend the 35th annual celebration on June 22, 2020.



Get to know this year's Premier Sponsors



Jen Tregarthen

Client Advisor, Lockton Companies



Q: How would you describe Lockton Companies?

A: We are a global professional services firm with local offices in the Twin Cities area. We focus on risk management, employee benefits and retirement assistance.

Q: Why is philanthropy important to your organization?

A: We are passionate about giving back to the communities where we live and work. Our commitment to philanthropy builds stronger communities and enables its citizens to thrive and prosper.

Q: Why does Lockton donate to Ridgeview?

A: Many of our clients and employees live within the Ridgeview service area. We want to support the critical services that Ridgeview provides to the community and ensure their continued success for years to come.



John Curry

*Director of Customer Experience,
Knutson Construction*



Q: How would you describe Knutson Construction?

A: Our company provides construction services for facilities. We specialize in construction management and design/build of hospitals, clinics and assisted-living projects.

Q: Why is philanthropy important to your organization?

A: We have a genuine concern for others and feel a responsibility to help bring positive change and advancement to the community.

Q: Why does Knutson Construction donate to Ridgeview?

A: Ridgeview does incredible work, and we want to be a part of the meaningful impact they are making. The support we provide to Ridgeview will ensure the highest level of health care is ready when we need it.



Fred Pawelk

Owner and President, North Central
Ambulance Sales & Service



Q: How would you describe North Central Ambulance Sales & Service?

A: We are an emergency vehicle dealer headquartered in Lester Prairie. We sell and service ambulances, fire apparatus and rescue vehicles.

Q: Why is philanthropy important to your organization?

A: Donating to local organizations is a way for us to improve our community and the quality of life for employees, neighbors and our family. We know where and how our charitable money is being spent, and we can see the impact of our donation.

Q: Why does North Central Ambulance donate to Ridgeview?

A: Ridgeview is our hospital. It's very near and dear to our hearts, and we want to see the top level of health care they provide continue for the community.



David Larson, MD

Chief of Staff, Ridgeview Medical Center



Medical Staff

Q: How would you describe the Medical Staff at Ridgeview??

A: We are a group of medical professionals who have gone through a credentialing process in order to provide health care diagnosis and treatment for Ridgeview patients.

Q: Why is philanthropy important to your organization?

A: Philanthropy is a way we can make a large-scale impact by donating the extra funding needed to make a real difference and remain on the cutting edge.

Q: Why does the Medical Staff donate to Ridgeview?

A: We are a part of the community, and we have a responsibility to make Ridgeview the best place it can be. We know our dollars are used right here locally, ensuring our patients have access to superior health care.

Ridgeview Foundation Receives \$300,000 Grant from the Otto Bremer Trust

Ridgeview Foundation is pleased to announce a \$300,000 matching funds grant from the Otto Bremer Trust to support the remodel and expansion of the Norman and Ann Hoffman Emergency Center on Ridgeview's Waconia campus.

The grant recognizes Ridgeview's goal to improve the emergency health care experience by providing the latest advancements in life-saving care to meet the needs of the community.

"On behalf of the Ridgeview community, I thank the Otto Bremer Trust for supporting the expansion and renovation of the Norman and Ann Hoffman Emergency Center," said Mike Phelps, president and CEO, Ridgeview Medical Center. "This gift will help us continue to respond to our growing communities and deliver excellent emergency care for years to come."

The \$18 million construction project, slated to be completed in 2020, is designed to enhance emergency services, improve overall patient experience and enable Ridgeview to stay on the forefront of technology. Key features include added patient privacy, improved trauma care, enhanced emergency behavioral health care, and updated technology for diagnosing and treating patients.

The emergency center will expand by 23,000 square feet, which includes eight new observation rooms, a revamped clinical workstation and a redesigned parking area for easier accessibility. In addition, the project includes specialized areas for pediatric patients and space to meet the needs of the growing geriatric population.

"Otto Bremer Trust is happy to support Ridgeview with emergency department capital improvements to meet medical needs in west-central Minnesota," said Ann Pagel, Otto Bremer Trust. "We are proud to be a part of the positive difference Ridgeview is making in the community."

The matching funds grant stipulates that Ridgeview Foundation raise an additional \$300,000 to secure the grant. We need your help! Please consider supporting our mission to continue to provide world-class emergency care right here in our community. Call 952-442-6010 or visit ridgeviewmedical.org to learn how you can help.

Community members never plan to need an emergency department; but when you do, Ridgeview will have the latest in emergency care ready. Ridgeview is proud to provide health care to the community, and with your help, this legacy will continue.

Buy a Brick Campaign

Showcase your support for our community and add your name to a brick on our new donor wall in the **Norman and Ann Hoffman Emergency Center** at Ridgeview Medical Center in Waconia.

You can also remember or honor a loved one by purchasing a brick in their honor. A limited number of bricks are available for a donation of \$1,000. For an additional \$500 donation, you will receive a commemorative engraved brick to keep at home.



buyabrick.ridgeviewfoundation.org

952-442-6010 foundation@ridgeviewmedical.org

2019 Scholarship Recipients

This year, Ridgeview awarded \$44,000 in scholarships to west-metro students. Funding for the Ridgeview Health Care Scholarship Program is generously provided by *Ridgeview Friends & Family*, Ridgeview Sibley Foundation, Ridgeview Le Sueur Auxiliary Group and an anonymous community donor.



Jessica Bruggemeier
Belle Plaine

Audrey Steinhagen
Central (Norwood Young America)

Bronwyn Boyce-Erickson
Chanhausen

Marissa Grothe
Chaska

Gretchen Wuergler
Delano

Miah Busse
Gibbon, Fairfax, Winthrop (GFW)

Rhyan Hermann
Glencoe-Silver Lake

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Holy Family Catholic

Katlyn Pokornowski
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Ariana Higgins
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Southwest Christian

Ciera Johnson
Waconia

Grace Zieske
Ridgeview employee child, Waconia

Haley Jensrud
Watertown-Mayer

Brielle Iddings
Nontraditional

Establish an Endowment Fund with a Planned Gift

Imagine making a contribution that leaves a legacy to Ridgeview Medical Center for generations to come, through the establishment of an endowed fund. Endowments enable Ridgeview to perpetually support current and future needs in patient care and technological breakthroughs by providing an annual stream of revenue.

Endowment gifts are different from outright gifts as the total amount of the gift is invested. Each year, in accordance with foundation distribution policies, a portion of the invested income earned is spent while the remainder adds to principal growth.

One of the many advantages of an endowed fund is that the donor has the freedom to choose which area of emphasis they would like their gift directed. For instance, if a donor would like to make a profound impact with a specific gift to cardiology or oncology, they simply need let the Foundation office know and their gift will always be used for that purpose.

Endowed gifts are also an excellent way to honor a loved one or to leave a family legacy. Ridgeview has many "named funds" that will provide resources for a specific program forever.

For news and event information from Ridgeview Medical Center and Clinics, join Ridgeview online:



- www.facebook.com/ridgeviewfoundation
- www.instagram.com/ridgeviewfoundation
- www.youtube.com/ridgeviewmedical
- www.linkedin.com/company/ridgeview-medical-center
- https://twitter.com/ridgeviewmed
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